School Nursing Practice in the Current Legal Environment

Jessica Gerdes, RN, MSN, NCSN, IL-PEL/School Nurse
Illinois State Board of Education
Principal Consultant
School Nursing, Health Issues
Physical Education and Health Education
This conference is being presented without commercial bias or conflict of interest on the part of the presenters, the conference planning committee, or IASN.

Various products & services displayed in the Vendor area are not endorsed by IASN or any member of the conference Planning Committee.

Approval status does not imply endorsement by the provider, ANCC or Midwest MSD of any products displayed in conjunction with this activity.

We thank MacGill Discount School Nurse supplies for their generous contribution to our meals and refreshments in sponsorship. MacGill did not have input into planning, contents, speakers, or the direction of this conference.
This presentation contains information on “current legal environment” insofar as it covers information on existing state and federal laws and state policies and practice. Any guidance on “best practice” is based on resources and is not intended to provide any legal advice.
Hierarchy of Legal Environment

IDEA, Section 504, FERPA, HIPAA


Local School Board Policy

Protocols, Supervision, Health Services

Administration

(Shannon & Gerdes, 2015)
IDEA, Section 504

IDEA (Individuals with Disabilities in Education Act)

Many rules related to rights of parents and students, timelines, appeals

Involvement of nurse:
- In the initial health evaluation and re-evaluations
- In the present level of functioning
- In the treatment plan
- In the educational plan
- In the transition plan (for ages 14 ½ and older)

Who decides
Consider first evaluating and reporting on health strengths
Assess health impairments compared to adequate function

Section 504
Few specific rules compared to IDEA
Legal environment most directly related to opinions, findings, lawsuits
ISBE does not directly monitor nor enforce
FERPA, HIPAA

* **FERPA**
  * Exceptions for serious and imminent threats to health and safety
  * Education agency holds the cards
  * Written parental permission required for most release of information outside the school / education agency

**HIPAA**
* Definition of HIPAA covered entity does not include schools
* Different rules related to release of information outside the covered entity
Monitoring Disease while Preserving FERPA and ISSRA

- Monitoring of ILI (Influenza-like Illness)
- Charts with initials should not be used outside of temporary school need
- No initials or other identification may be released outside of school

- Mandate to Report “Reportable Diseases”
- “Immediate” (i.e. “within three hours”) reports
- Within 24 hours reports
- Justifiable without parental permission
State legislation, IDEA, Section 504, FERPA, HIPAA

Local School Board Policy


Protocols, Supervision, Health Services

Admin

(Shannon & Gerdes, 2015)
State Law

- ISSRA
  - Maintenance – length, destruction
  - Permanent, temporary, personal notes/logs/drafts

- State Nurse Practice Act
  - Scope of practice: RN, LPN
  - Delegation
  - Differ from state to state

- State Legislation
  - minor’s rights to health care
  - school attendance requirements
  - medication laws (state policy, self-carry policies, emergency meds, diabetic care)
Public Act 99.0249

- Also known as Senate Bill 4510
- Revised Child Health Examination Requirements on Religious Objections
- Form is required for religious objection requests received beginning October 16, 2015
- Form is also required with new physical exams
- Rules promulgated by IDPH
Other recently enacted laws

- Implementation of vaccine against meningitis
- Teach students about dangers of powdered caffeine
- Establish concussion policy, protocols and procedures
- Require ISBE to develop state suicide prevention policy
- Require training for selected school staff on suicide and mental health
  - Resources at ISBE and elsewhere
  - IDPH Suicide Prevention Program
  - IL-AWARE program
Health Education – include special education

- State laws require these selected topics:
  - Sexual assault awareness – age appropriate, developmentally appropriate, culturally appropriate
  - Daily physical education – student with adapted sports activity outside of school can petition for waiver from daily PE
  - Teen dating violence policy
  - Sex education: if taught, follow law on content
  - CPR: can waive participation in this class; consider cognition as well as physical skills
Physical Fitness Assessment in Schools

- Public Act 98-0859 requires fitness testing of students
- Indicators to be reported to ISBE on aerobic capacity (grades 4 - 12), body composition, muscular strength, endurance and flexibility and other data including demographic information (grade, gender)
- Development of protocols to protect students’ confidentiality and individual identifiers
- Current state law: all students in K - 12 public schools to be offered daily, high-quality physical education in order to promote academic achievement and realize the lifetime benefits of fitness

Rule pending board approval August 19

Authorizes *but does not require* undesignated epinephrine to be available in Illinois schools

Allows administration of undesignated epinephrine to any person not previously known to have severe allergy and/or not previously given a prescription for epinephrine

Requires a report to ISBE within three days of the administration of undesignated epinephrine to one not previously known or not with a previous medical order


Summary of reports 2014-15 school year coming October
Comprehensive Sexual Health Education

* Public Act 98-0441, effective January 1, 2014, requires schools that teach sex education in any of grades 6 - 12 to include instruction in both abstinence and contraception, and to teach with materials that are evidence-based and medically accurate.

* CDC Award to ISBE to carry out exemplary sexual health education and improve policy and practice statewide.

* Contact Dr. Reginald Patterson, Ed.D, for more information and resources
### Nurse Practice Act

<table>
<thead>
<tr>
<th>Scope of Practice: RN</th>
<th>Scope of Practice: LPN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obtain vital signs</td>
<td>Toileting</td>
</tr>
<tr>
<td>Meal reparation</td>
<td>Ambulation assistance</td>
</tr>
<tr>
<td>Meal set-up</td>
<td>Catheter: changing of bags and charting amounts</td>
</tr>
<tr>
<td>Oral feeding</td>
<td>Ostomy care: empty, clean, change appliance</td>
</tr>
<tr>
<td>Oral care</td>
<td>Turn and position</td>
</tr>
<tr>
<td>Nail care</td>
<td>Changing bed clothes</td>
</tr>
<tr>
<td>Basic hygiene</td>
<td>Charting requested information</td>
</tr>
<tr>
<td>Bathing</td>
<td>Recreation activities</td>
</tr>
<tr>
<td>Dressing</td>
<td></td>
</tr>
</tbody>
</table>

**Certified by IDPH to carry out some nursing tasks under supervision; tasks are limited to the so-called “21 Tasks of the CNA” including such personal care tasks as:**

- Obtain vital signs
- Meal reparation
- Meal set-up
- Oral feeding
- Oral care
- Nail care
- Basic hygiene
- Bathing
- Dressing
- Toileting
- Ambulation assistance
- Catheter: changing of bags and charting amounts
- Ostomy care: empty, clean, change appliance
- Turn and position
- Changing bed clothes
- Charting requested information
- Recreation activities
Nurse Extenders

What constitutes a “nursing activity” vs a “nursing task”
(Illinois Nurse Practice Act)

* The duty to provide registered professional nursing practices, as defined in Section 50-10 of the Nurse Practice Act, shall not be included among the functions assigned to any school district personnel not covered by the job description required for school nurses (ISBE 23 ILLINOIS ADMINISTRATIVE CODE 1.760 SUBTITLE A SUBCHAPTER Section 1.760 Standards for School Support Personnel Services; Amended at 38 Ill. Reg. 6127, effective February 27, 2014)
Public Health Rules, ISBE Rules

* Public Health Rules on Child Health Exams and Immunizations:
  * Medical Schedule
  * Medical Contraindications
  * Physician Statement of Immunity

* ISBE Rule:
  * Monitoring for compliance
  * Enforcement measures
  * Reporting to state education agency
Home and Hospital Instruction

* Suggested medical certification form developed by ISBE
* Does not require a 504 plan
* Special Education credentials if IEP
* Q&A on ISBE website: http://www.isbe.net/funding/pdf/home_hospital_qa.pdf
IWAS opened Oct. 16 and continues to accept data through Nov. 16

Worksheet, instructions available at:

http://www.isbe.net/research/ht mls/immunization.htm?col5=ope n#CollapsiblePanel5

By December 1 of each year, schools must make publicly available the immunization data they are required to submit to the Illinois State Board of Education (P.A. 097-0910)

How are your schools making the data “publicly available”?

Compliance checks (ISBE audits, ROE audits)
Health Evaluation for Special Education

- IDEA requirement to rule out medical issues (among others) for students determined to have learning disability
- Personnel qualified to perform Medical Review
- Components of Medical Review
- Not “just a health history”
- No other personnel qualified to perform
Medical Review – Evaluation for Special Education

- 381 RNs have completed the course
  - 80 spring 2014
  - 71 summer 2014
  - 76 fall 2014
  - 74 winter 2015
  - 80 spring 2015
- 2 RNs have indicated completed test option
- Classes scheduled through Spring 2016
- Significant of July 1, 2016

- Components of medical review
- Qualifications of persons to conduct medical review
- Role of RN on IEP teams
- Form on which to document designation for IEP for non-ISBE school nurses coming soon
**Performance Evaluation of Student Support Personnel**

- School Code states that “to improve the educational services of the elementary and secondary public schools of Illinois” . . . “all certified school district employees be evaluated on a periodic basis”
- "teacher" means any and all school district employees regularly required to be certified under laws relating to the certification of teachers
- consideration of student growth is to be considered a significant factor in the rating of the teacher's performance
- Student Support Personnel (SSP) in non-teaching roles are not required to show student growth as part of their professional evaluation
- ISBE guidance related to professional evaluation of SSP is under development
Proposed Rules and Amendments

* Epinephrine Act (rules similar to guidance)
* Employee screening for tuberculosis
* Highly qualified teachers of physical education
* Qualifications of personnel
* http://www.isbe.net/rules/default.htm
IDEA, Section 504, FERPA, HIPAA


Local School Board Policy

Protocol, supervision, health services

Admin

SCHOOL

DEPARTMENT

DISTRICT

STATE

FEDERAL

(Shannon & Gerdes, 2015)


Reimbursement for Nursing Services

- Special education: guidance issued May 20, 2015
  - Fully licensed School Nurse
  - Noncertified Health Aide
  - Individual Student Aide
- Medicaid
  - “free care rule” letter and follow-up
  - HFS website: Medicare/Medicaid Services
  - The Centers for Medicare and Medicaid (CMS) recently released the "Medicaid School Based Administrative Claiming Guide". The Guide offers instructions on submitting claims for school based administrative costs and implementing and managing administrative claiming programs in accordance with statutory and regulatory requirements.
  - The Illinois Department of Public Aid is currently reviewing the new Guide in the context of the approved Illinois program and will be notifying school districts of any changes in the program via the School Based Health Services website http://www.sbhsillinois.com/, provider notices and training opportunities.
  - Further information about the School-Based Health Services program is available by E-mail or by calling the SBHS office at 217-782-3953
Reimbursement for School Nursing Services: Really? Really!
IDEA, Section 504, FERPA, HIPAA


Local School Board Policy

Protocol, Supervision, Health Services

Admin

Your Department

(Shannon & Gerdes, 2015)
Your School

Admin

SPED, Ed Health Services

School Board Policy

School Statutes, Nurse Practice Act

504, IDEIA, HIPAA, FERPA

(Shannon & Gerdes, 2015)
The “no nit” police

Protects the Student
Assure the Parents
Protects the School
Informs the School Staff
Protects YOU! The School Nurse
Gives School Nursing visibility
Makes our jobs easier!
Head lice: Treatment, not Isolation
“Yes, I am the school nurse, but I can’t heal an ailing public education system.”
Contact Information

Jessica Gerdes
DIVISION OF SPECIAL EDUCATION SERVICES
Jgerdes@isbe.net
312-814-5560